

**Dear [Recipient's Name],**

I hope this message finds you well. I wanted to take a moment to express my heartfelt gratitude for being my rock during the challenging times in my life.

Your unwavering support and understanding have made all the difference. Whether it was your encouraging words or just being there to listen, I truly appreciate every moment you have invested in me.

Thank you for being my confidant and a constant source of strength. I feel incredibly lucky to have you by my side.

With all my love and appreciation,

[Your Name]