Dear [Recipient's Name],

I hope this message finds you well. I am writing to express my heartfelt gratitude for your unwavering support during my recovery. Your kindness and encouragement have made a significant difference in my healing journey.

From the phone calls to the meals you provided, every act of generosity has reminded me how lucky I am to have someone as caring as you in my life. Your presence gave me strength, and I can't thank you enough for being there during this challenging time.

As I continue to recover, I look forward to spending time together and creating new memories. Thank you once again for everything. Your support has meant the world to me.

With warm regards,

[Your Name]