Dear [Family Friend's Name],

I hope this message finds you well. I wanted to take a moment to express my heartfelt gratitude for all the assistance you provided during [specific situation or event].

Your support and kindness truly made a difference, and I am so thankful to have you in my life. Whether it was [specific actions they took], or simply being there to lend an ear, your presence brought comfort and reassurance.

It's friends like you who make difficult times a little easier and remind us of the importance of community and support. I'm looking forward to the next time we can get together and create more wonderful memories.

Thank you once again for everything. You have a special place in our hearts.

Warmest regards, [Your Name]