

Letter of Recognition

Date: [Insert Date]

To: [Therapist's Name]

[Therapist's Address]

[City, State, Zip Code]

Dear [Therapist's Name],

I am writing to express my heartfelt gratitude for your exceptional guidance and support throughout my therapy journey. Your expertise and compassionate approach have made a significant difference in my life.

Through our sessions, you have provided me with the tools and insights needed to navigate my challenges. Your ability to listen sincerely and offer constructive feedback has empowered me to grow and heal.

Thank you once again for your unwavering support. I truly appreciate everything you have done for me.

Sincerely,

[Your Name]

[Your Contact Information]