

# Dear Mom and Dad,

I hope this letter finds you in great health and spirits. I am writing to express my heartfelt gratitude for the unwavering support and love you have bestowed upon me throughout my life.

Your constant encouragement has been my guiding light. From the small moments to the significant decisions, you have always been there, offering your wisdom and understanding. Your belief in my abilities has inspired me to strive for my best.

Thank you for your sacrifices, for the countless times you put my needs before your own, and for always being my biggest cheerleaders. I truly appreciate everything you have done and continue to do for me.

With all my love and gratitude,  
[Your Name]