Dear Mom and Dad,

I hope this letter finds you in great health and spirits. I want to take a moment to express my heartfelt gratitude for the unwavering support and guidance you have provided me throughout my life.

Your encouragement has been a source of strength, helping me navigate through challenges and pursue my dreams. I am truly thankful for the lessons you taught me and the values you instilled in me.

Thank you for being my greatest supporters and for always believing in me. I cherish every moment and memory we've created together.

With all my love and appreciation,

Your [Son/Daughter], [Your Name]