

Date: [Insert Date]

[Your Name]

[Your Address]

[City, State, Zip Code]

[Your Email]

[Your Phone Number]

[Hiring Manager's Name]

[Company Name]

[Company Address]

[City, State, Zip Code]

Dear [Hiring Manager's Name],

I am writing to express my interest in the Health and Fitness Instructor position at [Company Name] as advertised on [Where You Found the Job Posting]. With my strong background in fitness training and passion for helping individuals achieve their wellness goals, I am confident in my ability to contribute positively to your team.

I hold a [Your Degree/Certification] and have [Number of Years] years of experience in designing and implementing fitness programs tailored to the needs of diverse clientele. My expertise includes [Specific Skills or Areas of Focus], and I have successfully helped numerous clients enhance their physical fitness through personalized coaching and motivational support.