

Letter of Request for Mental Health Resource Information

Date: [Insert Date]

[Your Name]

[Your Address]

[City, State, Zip Code]

[Your Email]

[Your Phone Number]

[Recipient's Name]

[Organization Name]

[Organization Address]

[City, State, Zip Code]

Dear [Recipient's Name],

I hope this message finds you well. I am writing to request information regarding mental health resources available in our community. As a [your position, e.g., concerned citizen, educator, employer], I am keen to ensure that individuals have access to the necessary support systems for their mental health needs.

Specifically, I would appreciate if you could provide information on the following resources:

- Counseling services
- Support groups
- Crisis hotlines
- Workshops or training on mental health awareness

Your assistance in this matter is greatly appreciated, as it will help in guiding individuals towards the support they require. Thank you for your time and consideration.

Sincerely,

[Your Name]