

# Notification of Updates to Mental Health Services

Dear [Recipient's Name],

We hope this message finds you well. We are writing to inform you of some important updates to our mental health services that may affect your care.

## Service Updates

- **New Therapy Options:** We are excited to announce the addition of [details about new therapy options].
- **Extended Hours:** Our office will now be open [new hours of operation].
- **Telehealth Services:** We are expanding our telehealth services to provide more accessible options for our clients.

Please feel free to reach out with any questions or to schedule your next appointment. Your mental health is our priority, and we are here to support you in your journey.

Thank you for trusting us with your care.

Sincerely,  
[Your Name]  
[Your Title]  
[Organization Name]  
[Contact Information]