Date: [Insert Date]

[Counselor's Name] [School's Name] [School's Address] [City, State, Zip Code]

Dear [Counselor's Name],

I hope this letter finds you well. I am writing to express my heartfelt gratitude for the incredible support and encouragement you provided during my challenging times this past year. Your compassion and understanding made a significant difference in my life.

Your guidance helped me navigate through my personal struggles, and I cannot thank you enough for the time you took to listen and offer advice. Your belief in my potential inspired me to keep pushing forward, even when things felt overwhelming.

I truly appreciate all the tools and strategies you shared with me, which have strengthened my resilience. It is comforting to know that I have someone like you in my corner.

Thank you once again for your unwavering support. I am looking forward to sharing my future achievements with you!

Warmest regards,

[Your Name]
[Your Grade/Year]
[Your Contact Information]