

Dear [Counselor's Name],

I hope this message finds you well. I am writing to express my sincere gratitude for the invaluable insights you provided during our recent discussion about friendship challenges faced by students.

Your understanding of the complexities and nuances surrounding these issues is truly commendable. The strategies you shared not only helped me navigate my own circumstances but also enlightened me on how to better support my peers.

Thank you once again for your guidance and support. Your dedication to fostering a supportive environment for all students does not go unnoticed.

Warm regards,

[Your Name]

[Your Class/Grade]