Dietary Restriction Notice

Date: [Insert Date]

To: [School Health Office Name]

From: [Parent/Guardian Name]

Subject: Notification of Dietary Restrictions for [Student's Name]

Dear [School Health Office Staff/Administrator],

I am writing to inform you of dietary restrictions for my child, [Student's Name], who is in [Grade/Class Name]. Due to [specific dietary restriction, e.g., allergies, intolerance], it is essential that [he/she/they] avoid [specific foods or ingredients].

The details of the dietary restriction are as follows:

- Restriction: [Specify Restriction]
- Foods to avoid: [List Foods]
- Recommended Alternatives: [List Alternatives]

Please ensure that the school dining staff is aware of this dietary restriction to prevent any adverse reactions. If you have any questions or need further information, please feel free to contact me at [Your Phone Number] or [Your Email Address].

Thank you for your attention to this matter.

Sincerely,

[Your Name]

[Your Relationship to Student]

[Contact Information]