

Letter of Explanation for Restricted Activity in PE Class

Date: [Insert Date]

To Whom It May Concern,

I am writing to inform you that my child, [Child's Name], will have some restrictions during Physical Education classes due to [brief explanation of reason, e.g., a medical condition, injury, etc.].

Due to this situation, [Child's Name] will be unable to participate in certain activities, specifically [list specific activities if applicable]. We believe it is important for [him/her/them] to still engage in a modified manner, if possible.

Please let us know if any additional documentation is needed or if there are alternative options that may accommodate [Child's Name]'s situation during class.

Thank you for your understanding and support.

Sincerely,

[Your Name]

[Your Contact Information]