

Absence Request for PE Class

Date: [Insert Date]

To: [Teacher's Name]

[School's Name]

[School's Address]

Dear [Teacher's Name],

I am writing to formally request an absence for my child, [Child's Name], who is enrolled in your Physical Education class. Due to medical reasons, [he/she/they] will be unable to participate in PE classes from [Start Date] to [End Date].

We have consulted with our physician, and [he/she/they] has recommended that [Child's Name] refrain from physical activities during this period to ensure proper recovery.

Please let me know if you require any additional information or documentation regarding this matter. Thank you for your understanding and support.

Sincerely,

[Your Name]

[Your Relationship to Child]

[Your Contact Information]