

Wellness Engagement Strategy for Restaurant Employees

Date: [Insert Date]

To: [Employee's Name]

From: [Your Name]

Subject: Introduction of Wellness Engagement Strategy

Dear [Employee's Name],

We are excited to announce the launch of our new Wellness Engagement Strategy designed specifically for our restaurant team. Our goal is to promote a healthier and more positive working environment for all employees.

As part of this strategy, we will be implementing the following initiatives:

- Monthly wellness workshops focusing on nutrition and physical activity
- Access to a wellness app to track health goals and incentives
- Regular health screenings and resources for mental health support
- Team-building activities centered around fitness and relaxation

We believe that a healthy team leads to a better workplace and enhanced guest experiences. Your participation and feedback will be invaluable to the success of this strategy.

We look forward to working together to create a healthier, happier, and more engaged workplace.

Best regards,

[Your Name]

[Your Position]

[Restaurant Name]

[Contact Information]