Dear Restaurant Team,

We are excited to announce the launch of our new Employee Wellness Initiative aimed at promoting health and happiness among our valued staff members.

This program includes various activities such as:

- Weekly fitness classes
- Healthy meal options provided during shifts
- Mental health workshops
- Team-building outdoor activities

Your well-being is our priority, and we believe that a healthy team is a happy team. We encourage everyone to participate and make the most of this initiative.

Looking forward to embarking on this journey together!

Sincerely,
[Your Name]
[Your Position]