

Restaurant Allergen Menu Guide

Date: [Insert Date]

Dear Valued Guests,

As part of our commitment to providing safe dining options, we have updated our allergen menu guide to reflect the seasonal menu changes. Your health and safety are our top priorities, and we want to ensure you have the necessary information to make informed choices.

Current Seasonal Menu Allergens

- **Appetizers:**
 - Seasonal Soup - Contains dairy, gluten
 - Stuffed Mushrooms - Contains nuts, dairy
- **Main Courses:**
 - Grilled Salmon - Contains fish, gluten
 - Vegetable Risotto - Contains dairy
- **Desserts:**
 - Chocolate Mousse - Contains eggs, dairy
 - Fruit Tart - Contains gluten, nuts

If you have any dietary restrictions or allergies, please inform our staff, and we will do our best to accommodate your needs.

Thank you for dining with us!

Sincerely,
[Your Restaurant Name]