Request for Low-Sodium Meal Options

Dear [Restaurant Name],

I hope this message finds you well. I am writing to inquire about the availability of low-sodium meal options at your establishment.

As someone who is mindful of sodium intake due to health reasons, I would greatly appreciate any information you could provide regarding your menu. It would be helpful to know if there are dishes that can be prepared with reduced sodium or any special options you offer.

Thank you for considering my request. I look forward to enjoying a meal at your restaurant!

Best regards, [Your Name] [Your Contact Information]