

Letter of Complaint Regarding Mental Health Support

Date: [Insert Date]

[Your Name]

[Your Address]

[City, State, Zip Code]

[Email Address]

[Phone Number]

[University Name]

[Department/Office of Mental Health Support]

[University Address]

[City, State, Zip Code]

Dear [Recipient's Name or Title],

I am writing to formally express my concerns regarding the mental health support services provided at [University Name]. As a student, I have faced significant challenges related to my mental health, and I believe that the support currently available is insufficient to meet the needs of students like myself.

Despite reaching out for assistance on multiple occasions, I have encountered delays in receiving help, as well as a lack of available resources. This has negatively impacted my academic performance and overall well-being. I believe that it is crucial for the university to enhance its mental health services to ensure that all students have access to timely and effective support.

I kindly request a meeting to discuss these concerns in more detail and to explore potential improvements in the mental health support system at our university. I appreciate your attention to this pressing matter and look forward to your prompt response.

Thank you for your consideration.

Sincerely,

[Your Name]

[Your Student ID]