

# Family Travel Itinerary: Sensory-Aware Journey

Dear Family,

We are excited to embark on this sensory-aware travel adventure! Below is our itinerary designed to ensure a comfortable and enjoyable experience for everyone, especially our little ones.

## Day 1: Arrival in Sunny Beach Town

- **Morning:** Arrival at the beach house. The sound of waves will be calming for our children.
- **Afternoon:** A stroll along the beach; sensory items such as buckets and shovels will be provided to explore sand textures.
- **Evening:** Dinner at a quiet family-friendly restaurant with a cozy atmosphere.

## Day 2: Nature Exploration

- **Morning:** Visit the local park; sensory scavenger hunt with various textures and smells to find!
- **Afternoon:** Nature-themed art activity using leaves and flowers collected during the morning.
- **Evening:** Return to the beach house for a movie night with calming visuals and soundtracks.

## Day 3: Fun Learning Day

- **Morning:** Visit the children's museum with quiet rooms available for breaks.
- **Afternoon:** Interactive workshops that engage touch, hearing, and sight.
- **Evening:** Dinner at the beach house with a familiar and relaxing menu.

## Day 4: Departure

- **Morning:** Calm morning with time to pack and share our favorite memories.
- **Afternoon:** Check out and take a quiet drive home, stopping at a sensory-friendly picnic area.

We hope this sensory-aware itinerary helps create a wonderful experience for the children as well as for the whole family! Looking forward to fun adventures together!

Warm regards,

## Your Family Travel Planner