Dear [Recipient's Name],

I hope this message finds you well. I am writing to follow up on my application for the [Position Title] at [Company Name], submitted on [Submission Date].

I wanted to express my continued interest in the position and to inquire about the status of my application. I am excited about the opportunity to be part of such a dynamic team and contribute to [specific company goal or project].

Thank you for considering my application. I look forward to hearing from you soon.

Sincerely,
[Your Name]
[Your Phone Number]
[Your Email Address]