

# Travel Health Advisory for Humanitarian Missions

Date: [Insert Date]

Dear [Recipient's Name],

As you prepare for your upcoming humanitarian mission to [Destination], we want to ensure you are well-informed about health-related matters. Your safety and well-being are our top priorities.

## Health Precautions

- **Vaccinations:** Ensure that you are up-to-date on all required vaccinations, including [list relevant vaccines].
- **Malaria Prevention:** Consider taking prophylactic medications if recommended for [Destination].
- **Food and Water Safety:** Drink only bottled or boiled water and eat well-cooked food to avoid foodborne illnesses.

## Emergency Contacts

In case of a medical emergency, please contact the following:

- [Local Medical Facility Name and Contact Number]
- [Nearest Embassy/Consulate Name and Contact Number]

## Additional Resources

For further information, refer to the [Health Organization's Name] guidelines and resources available at [website link].

Stay safe, and thank you for your noble commitment to humanitarian work.

Sincerely,

[Your Name]  
[Your Title]  
[Your Organization]