

# Travel Health Advisory

Date: [Insert Date]

To: [Traveler's Name]

From: [Your Organization/Department Name]

Subject: Important Health Advisory for Your Upcoming Domestic Travel

Dear [Traveler's Name],

As you prepare for your upcoming domestic travel to [Destination], we would like to provide you with essential health information and recommendations to ensure a safe and healthy journey.

## Health Recommendations:

- Stay updated on local COVID-19 guidelines and restrictions.
- Ensure you are fully vaccinated, including any recommended booster doses.
- Practice good hand hygiene: wash hands frequently or use hand sanitizer.
- Wear a mask in crowded or enclosed spaces where social distancing is not possible.
- Carry a personal health kit with necessary medications and first aid supplies.

## Emergency Contacts:

In case of an emergency, please contact:

- Local Health Department: [Insert Contact Information]
- Emergency Services: [Insert Contact Information]

We urge you to take these precautions seriously and prioritize your health and safety while traveling. Should you have any questions or require further information, please do not hesitate to contact us.

Safe travels!

Sincerely,

[Your Name]

[Your Title]

[Your Organization]

[Contact Information]