School Lunch Menu Choices

Dear Families,

We are excited to share the lunch menu choices for the upcoming week. Please review the options below and make your selections for your child's lunch. All meals are prepared with fresh ingredients and aim to provide balanced nutrition.

Lunch Menu for the Week of [Date]

- Monday:
 - o Option 1: Grilled Chicken Sandwich
 - o Option 2: Veggie Wrap
 - Side: Fresh Fruit Cup
- Tuesday:
 - o Option 1: Beef Tacos
 - Option 2: Black Bean Tacos
 - o Side: Corn on the Cob
- Wednesday:
 - o Option 1: Spaghetti with Marinara Sauce
 - o Option 2: Vegetable Stir Fry
 - o Side: Garlic Bread
- Thursday:
 - Option 1: Chicken Nuggets
 - o Option 2: Quinoa Salad
 - o Side: Broccoli
- Friday:
 - o Option 1: Pizza Day (Cheese or Pepperoni)
 - o Option 2: Salad Bar
 - Side: Carrot Sticks

Please indicate your child's choice for each day on the attached form and return it by [Due Date]. Thank you for your cooperation!

Sincerely,
[Your School Name]
[Contact Information]