## **Meal Plan Preferences for School Dining Services**

Date: [Insert Date]

To: [Dining Services Contact Name]

From: [Your Name]

Subject: Meal Plan Preferences

Dear [Dining Services Contact Name],

I hope this message finds you well. I am writing to express my preferences regarding the meal plan options available for the upcoming school year. Below are my dietary preferences and any specific requirements I would like you to consider:

## **Dietary Preferences:**

- Vegetarian
- Gluten-free
- Nut-free

## **Favorite Meal Options:**

- Quinoa salads
- Vegetable stir-fry
- Fresh fruit options

## **Any Allergies:**

Please note that I have a severe allergy to peanuts and tree nuts.

Thank you for taking my preferences into account. I appreciate your dedication to meeting the diverse needs of students. If you need any further information, feel free to contact me.

Best regards,

[Your Name]

[Your Contact Information]