

# Request for Participation in Recreational Therapy Activities

Date: [Insert Date]

To: [Recipient's Name]

[Recipient's Title]

[Organization/Facility Name]

[Address]

Dear [Recipient's Name],

I hope this message finds you well. I am writing to formally request participation in the recreational therapy activities offered at [Organization/Facility Name]. I believe that engaging in these activities can greatly benefit my overall well-being and provide an opportunity for personal growth.

Having reviewed the available programs, I am particularly interested in [specific activities or programs], as I feel they align with my interests and goals. I am eager to experience the therapeutic benefits of these activities, and I am confident they would contribute positively to my mental and physical health.

Please let me know the necessary steps to facilitate my participation and if there are any forms or documentation required. I appreciate your consideration of my request and look forward to your positive response.

Thank you for your attention to this matter.

Sincerely,

[Your Name]

[Your Phone Number]

[Your Email Address]