

Announcement: Upcoming Recreational Therapy Events

Dear Community Members,

We are excited to announce a series of upcoming recreational therapy events designed to enhance well-being and foster connections among participants. Join us for a variety of engaging activities!

Event Schedule:

- **Outdoor Yoga Session**
Date: Saturday, March 15, 2024
Time: 10:00 AM - 11:30 AM
Location: Community Park, Pavilion A
- **Arts and Crafts Workshop**
Date: Tuesday, March 18, 2024
Time: 1:00 PM - 3:00 PM
Location: Community Center, Room 101
- **Mindfulness Meditation Retreat**
Date: Thursday, March 20, 2024
Time: 5:00 PM - 7:00 PM
Location: Serenity Garden

We invite everyone to participate and enjoy these therapeutic activities aimed at promoting mental and physical health. Please RSVP by March 10, 2024, to secure your spot.

For more information, contact us at info@recreationaltherapy.org or call us at (123) 456-7890.

We look forward to seeing you there!

Warm regards,
The Recreational Therapy Team