

Healthy Eating Consultation Arrangement

Date: [Insert Date]

Dear [Client's Name],

We are pleased to confirm your appointment for a healthy eating consultation. Below are the details:

Consultation Details

Date: [Insert Date]

Time: [Insert Time]

Location: [Insert Location]

What to Expect

During the consultation, we will discuss your current eating habits, lifestyle, and any specific health goals you may have. We will work together to create a personalized plan that suits your needs.

Please Bring

- A list of any medications or supplements you are currently taking.
- A food diary for the past week, if possible.
- Any relevant medical records.

If you have any questions or need to reschedule, please do not hesitate to contact us at [Insert Contact Information].

Looking forward to seeing you soon!

Best Regards,

[Your Name]

[Your Position]

[Your Organization]

[Your Contact Information]