

Food and Nutrition Appointment Confirmation

Dear [Client's Name],

We are pleased to confirm your appointment for food and nutrition counseling.

Appointment Details:

- **Date:** [Date]
- **Time:** [Time]
- **Location:** [Location]

Please prepare the following items for your appointment:

- Food diary for the past week
- Any current medications or supplements
- Questions or topics you would like to discuss

If you need to reschedule your appointment, please contact us at [Contact Information]. We look forward to assisting you on your journey to better health!

Best regards,

[Your Name]

[Your Title]

[Your Organization]