

# Important Health Reminders as School Begins

Dear Parents and Guardians,

As we prepare for the upcoming school year, we want to remind you of some important health tips to ensure a safe and healthy environment for all students.

## Key Health Reminders

- Ensure your child receives all required vaccinations before school starts.
- Encourage regular hand washing and the use of hand sanitizers.
- Provide your child with a reusable water bottle to stay hydrated.
- Teach your child to cover their mouth when coughing or sneezing.
- If your child is feeling unwell, please keep them at home to prevent the spread of illness.
- Stay informed about any health updates from the school regarding COVID-19 or other health alerts.

We appreciate your cooperation in keeping our school community healthy and safe. Together, we can facilitate a successful school year.

Sincerely,

School Health Office