

# Neurological Exam Instructions

Dear [Patient's Name],

We would like to provide you with important instructions to prepare for your upcoming neurological exam. Please read the following carefully:

## Pre-Exam Instructions:

- Arrive at least 15 minutes early to complete any necessary paperwork.
- Avoid consuming alcohol or recreational drugs 24 hours prior to your appointment.
- Continue taking your prescribed medications unless instructed otherwise by your physician.
- Wear loose, comfortable clothing that allows for easy movement.
- Bring a list of any medications you are currently taking, including dosages.

## What to Expect:

The exam will typically involve:

- Assessment of your reflexes and muscle strength.
- Vision and hearing tests.
- Cognitive and coordination evaluations.
- Discussion of your medical history and any current symptoms.

## After the Exam:

You may resume your normal activities unless advised otherwise by the physician. A follow-up appointment may be scheduled to discuss the results.

If you have any questions or concerns, please contact our office at [Office Phone Number].

We look forward to seeing you.

Sincerely,

[Your Name]  
[Your Title]  
[Your Practice Name]