

# Dear Parents and Guardians,

We are excited to announce a new initiative at [School Name] focused on promoting heart health education among our students. The aim of this program is to equip our children with the knowledge and tools necessary to lead a heart-healthy lifestyle.

Throughout the month of [Month], we will be conducting various activities, including:

- Interactive workshops with health experts
- Physical fitness events
- Nutrition seminars for families
- Heart health awareness campaigns

Your involvement is vital to the success of this initiative. We encourage you to participate in the upcoming events and support your child in making healthier choices. Together, we can foster a community that prioritizes heart health.

Thank you for your continued support.

Sincerely,

[Your Name]  
[Your Position]  
[School Name]  
[Contact Information]