

Promoting Heart Health in Our Workplace

Dear Team,

As part of our ongoing commitment to employee wellness, we are excited to announce the launch of our Corporate Wellness Program, focusing on heart health. Heart disease remains one of the leading health concerns, but with awareness and proactive measures, we can make a difference.

Program Highlights:

- Monthly heart health workshops led by health professionals
- Bi-weekly fitness classes tailored to improve cardiovascular health
- Nutritional counseling and healthy eating seminars
- Access to heart health screenings and assessments

Please join us for our kick-off event on **[Date]** at **[Time]** in **[Location]**. Together, we can cultivate a healthier work environment and promote heart health.

Let's take this step toward better health and well-being together!

Best regards,

[Your Name]
[Your Position]
[Company Name]