

# Diabetes Risk Assessment Invitation

Dear [Recipient's Name],

We hope this letter finds you in good health. As part of our ongoing efforts to promote health and wellness in our community, we are reaching out to invite you to participate in a diabetes risk assessment.

As an individual identified as being overweight, you may be at an increased risk for developing type 2 diabetes. Early detection and lifestyle changes can significantly reduce your risk. Our assessment will include:

- A comprehensive health questionnaire
- Body mass index (BMI) measurement
- Blood glucose testing

We encourage you to schedule an appointment with our healthcare team at your earliest convenience. Please contact us at [Phone Number] or [Email Address] to arrange your visit.

Thank you for taking the first step towards a healthier you.

Sincerely,

[Your Name]

[Your Title]

[Organization Name]

[Contact Information]