

# Dear [Patient's Name],

We are writing to provide you with important information regarding your upcoming MRI scan on [Date]. We understand that you may have concerns about the procedure, especially if you experience claustrophobia. Our goal is to make this process as comfortable as possible for you.

## Pre-Visit Preparation

- Please inform our staff about your claustrophobia prior to your appointment.
- Consider bringing a friend or family member for support during the scan.
- Wear comfortable clothing and avoid any metallic objects or accessories.
- If you typically use relaxation techniques (such as deep breathing or visualization), please bring those methods to the appointment.

## During the MRI Scan

The MRI machine is a tube-shaped magnet, but rest assured, the technologist will explain every step of the procedure to you. We can also provide a wider-bore MRI machine if available, which may help alleviate feelings of confinement.

## Post-Scan Support

If you feel anxious during the procedure, we have trained staff members who can assist you as needed. It's important for us to ensure you feel safe and secure throughout the process.

If you have any questions or concerns, please do not hesitate to contact our office at [Phone Number] or [Email].

Thank you for choosing us for your MRI needs. We look forward to supporting you on [Date].

Sincerely,

[Your Name]

[Your Title]

[Your Facility Name]