Dear Parents and Guardians,

We hope this message finds you well. As part of our commitment to the health and safety of our students, we want to inform you about the ongoing risks associated with infectious diseases in school settings.

Recent reports indicate a rise in cases of influenza and other contagious illnesses in our community. In order to mitigate the spread, we encourage all families to take proactive measures:

- Ensure your child is up to date on vaccinations.
- Encourage regular hand washing and use of hand sanitizer.
- If your child is unwell, please keep them at home to prevent spreading illness to others.
- Communicate any confirmed cases of infectious diseases among your family to the school nurse.

We appreciate your cooperation and support in keeping our school community healthy. Should you have any questions or concerns, feel free to reach out to us.

Thank you for your attention to this important matter.

Sincerely,

[Your Name] [Your Title] [School Name] [Contact Information]