

Follow-Up Dietary Consultation

Date: [Insert Date]

Patient Name: [Insert Patient Name]

Patient ID: [Insert Patient ID]

Dear [Patient Name],

We hope this message finds you well. Following your recent dietary consultation on [Insert Consultation Date], we would like to provide you with a summary of our discussion and the recommended dietary plan.

Summary of Consultation

During our meeting, we discussed your current health status, dietary preferences, and goals. Your primary concerns included [Insert Patient Concerns].

Recommended Dietary Plan

Based on our discussion, we recommend the following dietary adjustments:

- Incorporate more [Insert Food Items].
- Limit your intake of [Insert Food Items].
- Ensure adequate [Insert Nutrient].

Follow-Up Appointment

Please schedule a follow-up appointment in [Insert Time Frame] to review your progress and make any necessary adjustments to your plan.

If you have any questions or need further assistance, please do not hesitate to contact us.

Thank you for taking proactive steps towards your health.

Sincerely,

[Dietician Name]

[Dietician Title]

[Hospital Name]

[Contact Information]