

# Allergy Management Advice for Schools

Date: \_\_\_\_\_

To Whom It May Concern,

I am writing to provide important information regarding the allergy management for my child, **[Child's Name]**, who has been diagnosed with **[Allergy Type]**. It is crucial that the school staff understands the guidelines for preventing allergic reactions and ensuring a safe environment for my child.

## Allergy Information

**Type of Allergy:** [Specify allergy, e.g., peanuts, tree nuts, dairy, etc.]

**Symptoms of an Allergic Reaction:** [List symptoms, such as hives, swelling, difficulty breathing, etc.]

## Action Plan

- Remove all allergens from my child's vicinity.
- Ensure that my child does not have access to any food products that may contain allergens.
- Train staff on how to recognize and respond to an allergic reaction.
- Keep emergency medication, such as an EpiPen, readily available and easily accessible.

## Emergency Contacts

In case of an allergic reaction, please contact:

- Emergency Contact 1: [Name and phone number]
- Emergency Contact 2: [Name and phone number]

Thank you for your understanding and cooperation in keeping my child safe at school. If you have any questions or concerns, please do not hesitate to contact me at **[Your Phone Number]** or **[Your Email]**.

Sincerely,

[Your Name]

[Your Address]