

# Post-Surgery Follow-Up Care Instructions

Date: [Insert Date]

Patient Name: [Insert Patient Name]

Procedure: [Insert Procedure Name]

## Care Instructions:

1. Keep the surgical site clean and dry.
2. Change the dressing as instructed, using sterile technique.
3. Avoid strenuous activities for at least [insert duration].
4. Take medications as prescribed; do not skip doses.
5. Monitor for signs of infection (redness, swelling, discharge).
6. Follow-up appointment in [insert duration].

## When to Seek Help:

- If you experience increased pain that is not alleviated by medication.
- If you notice excessive bleeding or drainage from the site.
- If you have a fever over 101degF (38.3degC).
- If you have any other concerns or questions.

For further assistance, please contact our office at [Insert Contact Number].

Thank you,

[Insert Doctor's Name]

[Insert Clinic/Hospital Name]

[Insert Contact Information]