

Physiotherapy Pre-Appointment Checklist

Dear [Patient's Name],

We are looking forward to your upcoming appointment with our physiotherapy team. To ensure a smooth and productive session, please review the following checklist:

Pre-Appointment Checklist

- Confirm your appointment date and time.
- Bring any relevant medical documents (e.g., referrals, imaging reports).
- Wear comfortable clothing that allows for movement.
- Arrive at least 15 minutes early for check-in.
- List any medications you are currently taking.
- Consider your goals for physical therapy and list any specific areas of concern.

If you have any questions or need to reschedule, please do not hesitate to contact us at [Contact Information].

Best regards,
[Your Clinic Name]