

# Mental Health Resource Guide for Healthcare Providers

Date: [Insert Date]

To: [Healthcare Provider's Name]

From: [Your Name]

Subject: Mental Health Resource Guide

Dear [Healthcare Provider's Name],

We understand the importance of mental health in overall patient care. To assist you in providing optimal support to your patients, we have compiled a resource guide containing valuable information and tools.

## Resource Overview

- **Crisis Hotlines:** Immediate assistance for patients in need.
- **Therapy Referrals:** Reliable therapists across various specialties.
- **Support Groups:** Community support for individuals facing similar challenges.
- **Educational Materials:** Literature on mental health conditions and self-help strategies.

## Contact Information

If you have any questions or require further information, please feel free to reach out:

[Your Email Address]

[Your Phone Number]

Thank you for your commitment to improving mental health outcomes in our community.

Sincerely,

[Your Name]

[Your Position]

[Your Organization]