

Orthodontic Procedure Overview

Date: [Insert Date]

Dear [Patient's Name],

We are pleased to provide you with an overview of your upcoming orthodontic procedure. This letter aims to educate you about the process, what to expect, and how to prepare.

What is Orthodontics?

Orthodontics is a specialty within dentistry focused on diagnosing, preventing, and correcting misaligned teeth and jaws. The goal of orthodontic treatment is to improve your bite, functionality, and overall aesthetics of your smile.

Procedure Description

Your treatment may involve the following steps:

- **Initial Consultation:** We will assess your dental needs and create a treatment plan tailored to you.
- **X-Rays and Impressions:** Diagnostic tools will be used to capture the current state of your teeth.
- **Placement of Braces or Aligners:** Depending on your custom plan, we will apply braces or fit you with aligners.
- **Regular Adjustments:** You will return to our office periodically for adjustments to ensure proper progression.
- **Retention Phase:** After achieving the desired results, a retainer will help maintain your new smile.

Post-Procedure Care

After your procedure, it is essential to follow care instructions, which may include:

- Avoiding hard or sticky foods.
- Maintaining excellent oral hygiene.
- Regular check-ups to monitor progress.

Conclusion

We are excited to help you achieve a healthier, beautiful smile! Please feel free to contact us with any questions or concerns.

Sincerely,
[Your Orthodontist's Name]
[Your Practice Name]
[Contact Information]