Dear [Recipient's Name],

I hope this message finds you well. I am writing to inquire about scheduling a follow-up appointment regarding [mention the specific reason, e.g., my recent consultation, test results, etc.].

Could you please let me know your availability in the coming weeks? I am flexible with my schedule and can adjust to a time that works best for you.

Thank you for your attention to this matter. I look forward to hearing from you soon.

Best regards,
[Your Name]
[Your Contact Information]