

Dear [Patient's Name],

I hope this letter finds you well. We are reaching out to you to gain a better understanding of your health preferences and values. This information will help us tailor your treatment plan to better suit your needs and ensure that you receive the care you deserve.

Your Health Preferences

To assist us in this process, we would like you to consider the following questions:

- What are your primary health goals?
- Are there specific treatments or procedures you prefer or wish to avoid?
- How do you feel about medication use versus lifestyle changes?
- What is your preferred way of receiving information about your health and treatment options?
- Are there any cultural or personal beliefs that we should consider in your care?

Please take some time to reflect on these questions. You can respond to this letter, or we can discuss your preferences during your next appointment.

Thank you for your attention to this important matter. Your health and well-being are our top priority, and we want to ensure that your care reflects your personal preferences.

Best regards,

[Your Name]

[Your Title]

[Your Contact Information]

[Healthcare Organization Name]