

# Surgical Recovery Instructions for Caregivers

Date: [Insert Date]

Patient Name: [Insert Patient Name]

Procedure: [Insert Surgical Procedure]

## Dear Caregiver,

Thank you for your support in the recovery of [Patient Name]. Below are the instructions to ensure a smooth and safe recovery.

### Post-Operative Care Instructions:

- Ensure the patient gets plenty of rest and avoids strenuous activities.
- Monitor the surgical site for signs of infection, such as redness, swelling, or discharge.
- Administer prescribed medications as directed, including pain relievers and antibiotics.
- Encourage hydration and a light diet unless otherwise directed by the physician.
- Assist with hygiene to keep the surgical site clean and dry.
- Follow up with the surgeon for any scheduled post-operative appointments.

### When to Contact a Doctor:

- If the patient experiences severe pain that is not relieved by medication.
- If there is excessive bleeding or unusual drainage from the surgical site.
- If the patient develops a fever over 101degF (38.3degC).
- If the patient has difficulty breathing or chest pain.

**Thank you for your dedication and care.**

Best regards,

[Your Name]

[Your Contact Information]

[Your Title]