

Dear Family Member,

We hope this message finds you well. We are writing to provide you with important post-operative care information following your loved one's surgery.

Post-Operative Care Instructions

- **Rest and Recovery:** Encourage your loved one to rest and avoid strenuous activities for at least two weeks.
- **Pain Management:** Administer prescribed pain medications as needed. Monitor for any unusual pain or discomfort.
- **Wound Care:** Keep the surgical site clean and dry. Change dressings as instructed by the healthcare provider.
- **Diet:** Follow any dietary restrictions provided by the surgeon. Gradually reintroduce regular foods as tolerated.
- **Follow-Up Appointments:** Ensure that follow-up appointments are scheduled and attended to monitor progress.

Signs to Watch For

Please contact the healthcare provider if you notice any of the following:

- Increased redness or swelling at the surgical site
- Fever above 101degF (38.3degC)
- Severe pain not relieved by medication
- Persistent nausea or vomiting

Contact Information

If you have any questions or concerns, do not hesitate to reach out:

Healthcare Provider: [Name]

Phone: [Phone Number]

Email: [Email Address]

Thank you for your attention to this important information. We wish your loved one a smooth recovery.

Sincerely,

[Your Name]

[Your Position]

[Healthcare Facility Name]