

Home Care Instructions

Date: _____

Patient Name: _____

Surgeon: _____

Procedure: _____

General Care Instructions

1. Keep the incision site clean and dry.
2. Change the dressing as instructed by your healthcare provider.
3. Take medications as prescribed.
4. Limit physical activity for the first few weeks.
5. Attend all follow-up appointments.

Signs to Watch For

- Increased redness or swelling around the incision.
- Persistent fever over 101degF (38.3degC).
- Excessive pain not relieved by medications.
- Unusual discharge from the incision site.

If you experience any of the above symptoms, please contact your healthcare provider immediately.

Contact Information

Healthcare Provider: _____

Phone Number: _____

Thank you for following these instructions to ensure a smooth recovery.