

Aftercare Recommendations

Date: [Insert Date]

Patient Name: [Patient's Name]

Procedure: [Type of Surgery]

Surgeon: [Surgeon's Name]

Dear [Patient's Name],

Thank you for trusting us with your surgical care. To ensure a smooth recovery, please follow the aftercare recommendations below:

1. Wound Care

- Keep the surgical site clean and dry.
- Change dressings as instructed.
- Watch for any signs of infection: increased redness, swelling, or discharge.

2. Medications

- Take pain medications as prescribed.
- Antibiotics should be taken until finished, even if you feel better.

3. Activity Restrictions

- Avoid heavy lifting or strenuous activities for at least [insert time frame].
- Gradually increase your activity level as tolerated.

4. Follow-Up Appointment

Please schedule your follow-up appointment within [insert time frame] to monitor your recovery.

If You Experience:

- Severe pain not relieved by medication.
- Fever above [insert temperature].
- Any other concerning symptoms.

Contact our office immediately at [insert phone number].

Wishing you a smooth and comfortable recovery!

Sincerely,

[Your Name]

[Your Title]

[Clinic/Hospital Name]