

Dear [Recipient's Name],

We are pleased to inform you about our Diabetes Management Program, which not only focuses on physical health but also emphasizes the importance of mental well-being.

Living with diabetes can be challenging, and it is essential to address any mental health concerns that may arise. To support you in this journey, we are offering a range of mental health resources:

- Individual Counseling Sessions
- Support Groups for Diabetic Patients
- Workshops on Stress Management and Coping Strategies
- Online Resources and Educational Materials

If you are interested in participating in our program or have any questions, please do not hesitate to contact us at [Contact Information]. Together, we can help you achieve better health and well-being.

Sincerely,

[Your Name]

[Your Title]

[Organization Name]

[Phone Number]

[Email Address]