

Individual Counseling Services Now Available

Dear [Recipient's Name],

We are pleased to announce the launch of our Individual Counseling Services, designed to support you in navigating life's challenges and enhancing your well-being.

Our professional counselors are here to provide a safe and confidential environment where you can discuss your concerns, explore your feelings, and develop coping strategies.

Service Details:

- **Eligibility:** Open to all individuals seeking support.
- **Session Length:** 50 minutes per session.
- **Location:** [Insert Location]
- **Appointment Scheduling:** Call [Insert Phone Number] or email [Insert Email Address].

We encourage you to take this opportunity to invest in your mental health. If you have any questions or would like to schedule an appointment, please do not hesitate to reach out.

Best regards,

[Your Name]

[Your Title]

[Your Organization]